



Served from 5pm to 10pm

STARTERS

Meatballs & Ricotta	12
'House Made" marinara	
Crispy Pork Belly Bites	12
spicy peach bbq.	
Spinach dip	14
crispy pita chips. creamy spinach & feta dip	
Chicken Wings	14
oven roasted & flash fried. caramelized onions. lemon oregano xvoo	
Jersey Boy Fries	16
fried egg up. crispy pork roll. jg cheese sauce. fried onions. pepperoncini. scallions	
Broken Crab Fries	16
backfin.knuckle & claw crab mix. jg cheese sauce. Delaware bay seasoning. scallions	
Macho Tuna	14
rare blackened tuna. crispy wonton crisp. toasted sesame vinaigrette. wasabi crema.tomato pico. arugula	
Gonzo Sticky Shrimp	14
crispy honey gochujang tossed. scallion & sesame.	
Mussels	17
rst. red pepper & garlic brodo, garlic bread. scallions	
Calamari	16
salt & pepper flash fried. pepperoncini. lemon. triple dips	
Jersey Fresh Local Oysters	16
half dozen Cape May harvest	
Crab Mac n' Cheese	18
cavattapi pasta. house made cheese sauce. garlic bread crumbs	
Octopus	19
fire grilled. giardinere salad. lemon oregano xvoo	

SALADS

add chicken ...6 add shrimp ...3 ea. add salmon...14	
Classic Caesar	12
garlic croutons.shaved locatelli cheese ribbons	
Feta & Watermelon	15
cucumbers. tomatoes.grapes. baby arugula. candied walnuts.mint & honey	
Burrata Caprese	15
steakhouse tomatoes. basil. balsamic glaze. baby arugula. salt & pepper	
Beets & Arugula	14
baby arugula, red onion,cucumbers. tomatoes. candied walnuts, goat cheese. rasberry vinaigrette	
Mad Greek	15
imported feta cheese. tomatoes. cucumbers. red onions. bell peppers. kalamata olives. pepperoncini. scallions. greek house vinaigrette	
JG Chop Salad	16
romaine hearts, tomatoes, cucumbers, red onions.hard boiled egg, bacon, avocado,feta cheese, chick peas, blue cheese dressing	

DESSERTS

Chocolate Brownie	8
warm chocolate brownie. salted caramel pretzel crust. vanilla bean ice cream	
Warm Pineapple Upside Down Cake	8
toasted coconut. mango rum sauce	
Ice Cream	6
2 scoops. vanilla or chocolate	

ENTRÉES

'add house salad to any entrée ..4

Clams & Linguine	26
spicy andouille sausage. spinach. creamy white wine clam sauce	
Fish & Chips	26
crispy fried battered cod, french fries, jg tartar & spicy mango slaw	
Grilled Salmon	29
flat seared salmon, seasonal veg. jg rice lemon oregano xvoo	
Shrimp Saganaki	29
garlic white wine san marzano tomato sauce. spinach. pepperoncini & feta.over jg rice	
Blackened Ahi Tuna	32
flat top blackened. jg rice. greens & asparagus. mango salsa. toasted sesame vinaigrette	
Grilled Swordfish	32
pearl onion veal stifado sauce. smashed yg potatoes. greens & asparagus	
Oven Roasted 1/2 Chicken	26
spicy peach bbq glazed. smashed yg potatoes. seasonal veg	
Veal Chop Milanese	32
bone in breaded veal chop. baby arugula . grape tomatoes.balsamic glaze. lemon oregano xvoo. shaved locatelli. radish	
Lamb Chops	36
marinated & fire grilled. smashed yg potatoes.red wine demi glaze. seasonal veg. tzatziki	
NY Strip	38
12 oz center cut sirloin. veal demi. smashed yg potatoes. seasonal veg. onion ring	

HANDHELDS

all include JG fries & pickles

Grilled Portobello	16
balsamic soaked portobello mushroom, roasted red peppers,sautéed garlic spinach. melted provolone cheese on a telero roll	
Nashville Smoked Pork	16
pulled pork with a nashville hot bbq sauce, spicy mango slaw. melted cheddar cheese on a onion popi brioche bun	
JG Burger	18
crispy pork belly. fried onions. American cheese. hot chop cherry pepper mayo. lettuce & tomato.onion popi brioche bun	
Blackened Mahi Mahi	18
avocado spread. lettuce. tomato. red onion. telero roll.	
Rib Eye Steak & Cheese	19
fried onions & peppers. provolone cheese.hot chop cherry pepper mayo. baby arugula.telero roll.	

KIDS

10 and under please

Pasta	10
marinara & meatball	
Mozzarella Sticks	10
breaded mozzarella & marinara	
Mac n' Cheese	10
house made cheese sauce & noodles, toasted bread crumbs	
Popcorn Chicken or Shrimp	10
buttered popcorn & boneless Chicken fritters or popcorn shrimp	
All American Burger	10
custom blend burger. American cheese. french fries	

SIDES

smashed yg potatoes	6
jg rice	6
french fries	6
sautéed garlic spinach	6
corn cobbette	6
seasonal veggie blend	6

20% gratuity added to parties of 6 or more

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS

www.jerseygirlkitchen.com

3601 Atlantic Ave Wildwood NJ 08260 . 609.523.1800